

The Journey To **CONSCIOUSNESS**



KI-RA

The Journey to Consciousness



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PREFACE

I am a channel of the faster frequencies of Light. I have the ability to reach beyond the Earth's energy matrix to bring through information and advanced technology from Divine Beings of Light and Source.

This is my seventeenth book. The first three a trilogy in Consciousness, the "Book Of Life", "Life Essence", and "The One", are designed to move us into higher levels of consciousness, using the sacred Ancient energy technology of Light, based upon Fibonacci sequencing.

My fourth book "Communications from the Stars" is a series of channellings from Lightbeings, Galactic Councils, Collective Consciousnesses, and Archangels. There are messages from Yeshua, The Yeshua Collective, Salusa, Archangel Michael and many more. They offer their help, and support at this amazing time of transition in our lives.

My fifth book "Diamond Lightbody", gives us technical information about energy fields and the lightbody processes that lead to Diamond Light Consciousness. Included in this book are the Diamond Light Key Codes that when used, will activate this Consciousness within us, returning us to our Immortal state of Being.

My sixth book "Atlantis Aurora", tells us about the changes that will take us into the Golden Age once more, and how we can reinstate this high vibrational reality, through the Quantum triggers contained within the words, and the immortality

codes that were used in the healing temples of Atlantis.

The seventh book is from Max the 13th Ancient crystal skull. The skulls act as living libraries, multidimensional portals, giving us the codes for our evolution, and the crystalline body transition. This book contains the codes which unlock All Realities, returning them to fluidity in order to be reformed to our liking. Connect with Max through the vibration of this book to change your Destiny !

“The Hyperborean Portal” is a channelling from Agartha, our hollow Earth brothers and sisters. It tells us about our connection with them, and how they will resurface to help us to establish Peace and Harmony upon our world. It contains the entry code to the Portal, and the new 5D reality.

“The Infinite Universe” has been given to us by Archangel Ariel. It describes the nature of Universal and multidimensional realities and the species which inhabit them. It explains our role and our subsequent and inevitable shift to the new 5D reality and how this will be achieved.

“Quantum Entanglement Theory-A Handbook For The Gateway”, tells us about the “Gateway Systems”, their purpose, and those who are working to role out these systems. They contain the 'DNA Reverse Program', designed to delete the Anunnaki programs, and genetic modifications which were given to us at the end of the Atlantean Period. This book invites you to get involved in returning us all to a state of Empowerment.

“The Universal I” from Metatron, gives his wisdom on the nature of the 'Self' and its innate light, the unveiling of the Soul, the Merkabah fields, and our Soul mission and destiny as beings of light. Our inevitable rise to the higher echelons as more of our 'Self' is revealed. Contained within is Metatron's Advanced Program of Light.

“Crystals - Their role in Our Ascension” is channelled from the crystal consciousness of Antares. It gives detailed information about the crystals that have come here specifically to help us, with our Ascension process, listing those which have not yet been found. Included are techniques that will help to crystallize our energy matrix.

“The Ancient Crystals”, is a channelling from the Highest Light Consciousness to date. They contain a powerful energy matrix that is able to shift our reality and alter the course of our history forever. Connect with their amazing frequency **now**, if you wish to experience the greatest quantum change and growth possible, the STARLIGHT UPGRADE!

“Spirit As You”, gives detailed information about our inner Divine nature, our Lightbody changes, and our path to Greatness. This book contains an inbuilt frequency key which gives access to the Akashic Records, as it is time for All to be revealed!

“Star Crystals in Service”, is a channelling from many Star Crystals, who are connecting with us at this time to help us with the quantum shifts that are an inevitable part of our growth. They are introducing new programs of light, that are designed to activate our lightbodies. Connect with

them now, to shift to the Spiritual Plane of Being, and higher realities.

“Inner Transformation” details our spiritual journey, and current entrance into the Golden Era. It contains energetic codes and triggers that will shift our energies, and expedite this wonderful transformation.

“The New You”, is a mini book detailing ancient systems of light that can be used to help us with our Awakening, and Empowerment. These are the esoteric teachings of long ago that are relevant now, as we face a huge shift in our reality.

“The Journey to Consciousness”, comes from a skull of Light, 'Diamond +', so called because he has a matrix which includes Gold and Silver. He is a powerful being of Light who, along with the other skulls, are helping us to advance to higher light octaves. As you read this book, his energy will integrate into your energy matrix, lifting it to new vibrational frequencies.

I like to stay at the forefront of Spiritual change and am dedicated to bringing you the most advanced spiritual technology. Bless you All !

Acknowledgments

I would like to give a huge thanks to the wonderful Beings that have given us these books!

Go to : [“www.frequencyandlighthealing.com”](http://www.frequencyandlighthealing.com)

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Part 1, Advanced Beings of Light

There are many changes to be made, within your energy matrix, those of a higher light frequency. You are evolving rapidly, beyond your normal capabilities, and will soon outstrip all previous growth cycles.

The mechanics of evolution are the same at all levels of Creation. Those with a higher light matrix, will evolve through similar means, as those with a lower light matrix. The Divine Equation is the same, the formula is responsive within all levels of consciousness.

The higher light fields connect with the Universal Mind, the mind of the One Being. They are an expression of its intricate nature, and are devoid of the gross forms of light density. Since all is light existing within the fractal framework of Self. These light spheres are home to many beings, beings who share a similar heart resonance. They have evolved beyond the need for physical vehicles, which would only slow them down. Instead they choose to express their highest light through a different form, one of advanced molecular structure, which better suits their vibration. Because of the fluid nature of this form, they can shift density easily, and are not confined to any dimensional expression, as are you. They weave their magic within the spheres of light, becoming one whole being. This is a state of great empowerment, within the Cosmic Lattice. New forms are born continually, out of the etheric strands of light. These will cooperate with the science of 'Source', to produce expansion and elevation. The aim of 'Source' is unknown to us, but its workings are a delight.

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Part 2, The Way Forwards

With diamond light precision, you are entering a phase of energetic alignment. The diamond core of your Earth is spinning rapidly. This is causing your electromagnetic fields to change. The spin speeds of your fields have altered quite dramatically in recent times, due to this recalibration of the holographic tube. Earth is shifting her fields, in order that she may appear in a finer form and lighter density. Her matrix is continuing to alter, in order to fulfil this expression.

We are beings of formless density who do not need a planetary base, thus we are not destabilized by the movements of the Earth, or any planetary body. Like you though, we do share a magnetic field of resonance, one which is close to 'Source', and radiates pure atomic energy through the lattice work.

During our evolution, we have come to realize many changes of Self. These changes are upon you now, as you enter a new cycle of light. This will be a remarkable cycle, characterized by huge movements of energy, and major changes both within and around you. This period of unrest is set to continue for awhile longer, giving you time to acclimatize to the new energies, and to integrate them fully within your fields.

Monumental shifts are never comfortable, as they turn us inside out literally, changing the very fabric of our nature, from the gross to the beautiful. This is the way of our evolution.

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Part 3, The Return to Formlessness

Your body temples are sacred vessels that were designed to hold light. They carry a specific energy signature, which denotes your rise to power. This frequency determines your evolutionary matrix, and will grow and change with time, as do your bodies. The continually shifting energy matrix, reflects the changes within your consciousness, just as your consciousness is affected by changes in your energy matrix.

The matrix fields of light are merging, to form one whole field. When this is complete, you will be hooked up to all of your lightbodies, enabling you to experience expansion. This is an enormous change, which represents the culmination of many cycles of light, throughout many lives, lived upon your world and others within the galactic system.

These changes are paramount to your wellbeing. They hold many keys which unlock your sacred gifts, given to you by the Creator. The unlocking of your powers is an essential part of this change, returning you to a state of 'Oneness'. The 'Oneness', is a vast Being of Light, without form or density, a being of an atomic nature. It carries the essence of everything within itself, all life both visible and invisible. You are returning to this state of formlessness from whence you came. This will be a return to your God Self in all its glory and majesty. This is how Gods are born, for there are many Gods in existence, all sharing the same life as you.

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Part 4, Your Energy Matrix

New forms of light are entering your spheres, these are the light encodings of higher dimensional matrices, those of a supremely fast vibration. These are entering your fields in response to the changes in the Core, which is vibrating at an ever increasing rate now.

The expansion elements are in place, and will set the stage for further growth within the fields of light. These growth spurts are changing you. Over time your energy fields will be completely renewed, beyond all need for repair. They will become self-sustaining modules, that will self-correct and regenerate as appropriate, taking their instructions from the Divine Mind. This only happens when the mind is subjugated and subordinate to Divine Will. When this happens, there are no blocks or resistances to the Divine Force, only a willingness to let go, and to allow the creative force to do its work.

This blessed state will be a landmark stage in your growth. Many have reached this stage before you, and have paved the way, making it easier for you to get there. This golden opportunity is fast approaching!

Part 5, The Wisdom of The Self

Within you lies a code, one of genius and stupendous knowledge. It lies at the heart of you, and is beyond your imagination, beyond the minds of scholars, mathematicians, and scientists. This ancient code creates your life, and determines how it expresses itself. It is beyond life itself, and is written within the fabric

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of the Creator, as a part of its infinite and eternal expression.

Your encoded cells are waking up, as this Divine Code is triggered by the photons of light that are raining down upon your planet. It is being activated into a further expression of your Divinity. Changes will ensue of a higher dimensional resonance, giving you a greater capacity for creation, and a greater awareness of your abilities as Divine Beings of Light.

Within the fields of resonance, there are many geometries encoded. This encoding has a special purpose, that of advancing all life forms beyond their current realities, of activating dormant cells as well as creating new ones. The template of form is thus changing in response and in direct proportion to these growth values. Your inner cellular wisdom is unfolding its nature within you, and out-picturing this within your matrix.

Part 6, The Elevated Soul

The Soul of Man is many faceted. This eludes to the many facets of being within the 'One'. Its elevated consciousness occurs from the braiding of many aspects together, which result in forming the new consciousness. The Soul has a specific element within it, the element of cohesion. This allows the bonding together of the soul fabric, within its many nuances and structures. An expanded Soul is the result of this combination. As more aspects connect up, the souls' frequency changes, and becomes aligned with a higher vibration.

The expansion process continues throughout all

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geometrical forms, as they meld into one, and become a new creation. The Light Fields respond with more light being added to the matrix of form. A new creation is born, one of elevated consciousness and a faster frequency. This process continues throughout the many cycles of light, as the Soul journeys towards its completion.

Part 7, Your Inner Being

The innermost part of you is a diamond crystalline core, your Divine Core Self, with its matrix of light. The purpose of this inner core is to hold your frequency in alignment with your Divine Light Matrix. This matrix is your highest aspect, which serves 'Source'.

The light fields glow with a spectacular luminescence, which emanates from the Diamond Ray. The crystalline particles exude great light which lights up the spheres with its exceptional radiance. The Quantum Field gives birth to the Diamond Essence, as instructed by Source itself.

There are many rays of wonderful light encompassed within your being, those of an exquisitely beautiful nature. Their frequencies hold many key codes for your development, growth and maturity as a Soul. They are designed to help you on your journey, and are predisposed to excellence. The myriad of colours will activate different energies within you, engaging the different templates which offer the opportunity of Evolution. Once engaged, your energy matrix will change, shifting you to the next level of growth.

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Each one of you is currently activating one or more of these templates, as an indirect result of receiving the Gamma Rays into your energy fields. These are the rays of transmutation and elevation. They are entering the Earth's atmosphere to bring about the desired changes, which your Higher Selves have agreed upon for you all. Plans are under way for great changes, which all start within each of you.

Part 8, The Seer Within

The mysteries of the Universe are hidden within you, they are held deep within your heart matrix. As you evolve, little by little, these hidden gems reveal themselves to you, as precious rays of light, which light your way. These rays guide you through the denser fields of light, just as the Sun warms the Earth, and its light gives life to the dormant seeds within it.

The activation codes are triggered within you, these are the codes that you placed for yourself, to be found at exactly the right time, on your journey to the light. You hold the wonders of the Universe within you. All knowledge and all wisdom, which ensues from the Divine Mind, is waiting for you within your very own being. It cannot be found outside of you, only a poor reflection can be found there, which is no substitute for the divinely given wisdom of 'Source'.

You have an inner template of wisdom, which we call the 'Merlin Template'. This template holds the keys to great wisdom. It unlocks the doors within, to different realms of being, allowing you to bend Time to your will. Through this practice

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you will find that you can move in and out of different timelines. You can visit any time/space reality, and change it according to your will. The theory of time travel is well documented in your societies, by your media and film industry, but they have only touched upon the surface, of what is truly available.

As Masters of Light, you are able to activate this template, and release yourselves from the chains of heavy density, and become heirs to the kingdom within. Some of you on the planet are activating this template already. This is a great sign of your current level of growth, and indicative of a New Era which is coming to you all.

Part 9, Your Infinite Awareness

From Source perspective, you are whole and complete within yourselves. You are expressions of infinite dimensionality, born from the Creators essence, into the realms of Being, supercharged with electromagnetic force fields of divine resonance. These force fields, or fields of light, emanate from within you, carrying specific vibrations, that are determined by your level of awareness. Your awareness is the key to your expression within the fields of light, and is ever changing as you grow and evolve as a species.

Your light carries tonality within it, as the different nuances and shades are expressed within density. This creates the light of the spheres. The more evolved souls are bathed in light, whereas the lesser evolved, live in a semi-dark state since they carry little light. This is the state you call 'Hell', which only exists as a

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temporary transitioning, from one level of growth to another. The 'Hades' that you are afraid of, is created by yourself, and is not some punishment for your sins. It is part of your cycle of growth from dark to light, and should not be feared. Fear itself is a dark and dense energy that will keep you trapped in lower density.

If you wish to grow and evolve, you must release these ideas of separation from the true light of Source, and relinquish all past emotional trauma, that is keeping you stuck in a place of slow vibration. Once you have done this, your vibration will escalate, and your inner beacon will become bright again.

Part 10, Conquest Of The Lower Self

An interdimensional portal is opening between worlds. It serves the purpose of the Blue Ray of Divine Will and Empowerment. It is opening to allow you to experience the many different realities which life has to offer.

From the perspective of awareness, you are growing and shifting your consciousness fields, the fields of inner perception, to a different framework of light, one which better suits your development. However your inner potential is still available to you, the potential to create thought forms of differing density. These thought forms have a life of their own once created, since they contain some of your mental essence. The lower light fields are full of these forms, forms of gross energy, which have been created by the unaware, those that consider themselves to be a separate part of life, one that can exist independently.

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This is an untruth that has been created to control you, and keep you within the pseudo matrix of enslaved souls. Your eternal connection with the life force, is never cut off, though it may be diminished by your cellular awareness. This awareness needs to shift to allow more light into your vessels, which brings with it a greater understanding of the spiritual laws. As you begin to understand the laws, and the repercussions of breaking them, you will learn to master your lower nature. The elemental forces of light will no longer have a hold over you, and you will be free to claim your sovereignty.

Part 11, The Return to Power

Long ago in your planet's history, Giants walked the Earth. These were beings of immense stature and power. They were physical specimens, with vastly advanced DNA. Their helixes were encoded with an array of light codes, which held a special resonance. This was the key to their development as beings of light. These codes played a crucial role in their empowerment, giving them superhuman abilities. As a race, they were superior to all other races on your world, and had the ability to time travel, and to visit other realities at will. This astonishing race, surpassed the expectations of the Elders, who monitor the evolution of species. They were like no other, and none has since matched this level.

Your own journey as a Soul, is somewhat similar to theirs. You are facing the same challenges, which need to be overcome before you can absorb more light, and transition through the

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different states of density, to the finer more etheric forms and matrices of light.

Mastery is returning to you all, as you continue to accelerate your timeline. Your vibrational matrix is changing rapidly, as you surf the new incoming energy waves from 'Source'. These will empower you to make the changes that your vehicles need, to restore you to a fully functioning, fully aware master of light. You are taking the same journey as your predecessors, following in their footsteps on the road to immortality.

Part 12, The Realization of Oneness

Your inner beacon is getting brighter, as the rays of Source shine upon you. This heralds a new beginning. In the annals of history, transitions have been made from a lesser conscious state, to a fully empowered one.

This cycle has returned, bringing you into a state of unity and oneness. A gathering together of all your aspects, across all time frames, to merge into one collective consciousness. This Divine Consciousness is a leap forwards in your evolution. It will change the tide of events, from the downward spiralling consciousness, to an ascending consciousness, one of elevated form, which is expanding further into the light.

As your consciousness changes, cosmic triggers will occur, that will fire up unused parts of your brain, allowing a greater interface for your consciousness to express itself through. Parts of yourself will be revealed, that have hitherto been hidden from you. You will come to know yourselves more fully as a result of this, and

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become acquainted with the deeper parts of you, that exist outside of the normal realms of being. Your interfacing capability will grow, as you expand into the *Superconscious Mind*, with its vast storehouse of knowledge and wisdom. The realization of your oneness, will be a spontaneous result of this merger between the Divine and the Human Self.

Part 13, The Truth Reveals Itself

Once upon a time, you lived a life of empowerment. A life of supreme consciousness in unison with your divine nature. You were the expression of pure light, untouched by the lower elements of density. Your electromagnetic fields resonated with Source Light. You were a wonder to behold.

Within the dimensional framework, you have moved down to the lower levels to gain experience through these lesser states of being. Much has been written about this journey through incomplete understanding. The bigger picture is slowly revealing itself to you, as parts of the jigsaw puzzle are put into place. New elements of understanding are coming to the fore, to reunite you with the infinite truth. Many questions have been asked, and many assumptions made. The truth of course is ever changing, along with your perception of reality. What you believe one day, will no longer be true the next, and so on and so forth.

The ever changing landscape of awareness, holds many keys, keys to the inner libraries, which store all events, Past, Present and Future. The unlocking of these libraries, will help you to a

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greater understanding about your lives and yourself. The doors are opening now, into new vistas, those of enlightenment. The key codes are being given to you, to help you to unlock all realities in existence. This will put the records straight.

Part 14, Your Diamond Core

All life on Earth is essentially made up of the diamond crystalline form. The Earth's geometry is an octahedron, cloaked in matter. The very centre of the Earth is filled with diamond crystalline forms. She holds the codes of the Diamond Ray within her. The potential of this ray has been experienced in the Past, by your peoples. The Earth holds the key to activating this ray within you. The plants and minerals hold the sacred codes which will activate your Diamond Lightbody. The book by this name, written by this channel, contains these same precious codes, derived from the plant kingdom. They are your blueprint codes for the 'Diamond Lightbody', a body of elevated consciousness, which functions through the 12 strand DNA template, the template of the Divine Body of Light.

All of you have the ability to experience this sacred state of being. This is a gift from Mother Earth to you, via her matrix of light. She like you, is returning to a higher light resonance. The diamond encoded matrix is being made available to all, as you ascend upwards. Your electromagnetic fields are absorbing its resonance, to allow you to vibrate at a faster frequency. Greatness is coming to you all!

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Part 15, A Return to Light

Light expresses itself in many ways throughout the Galaxy. In myriad forms of crystalline hue, in the rays of emanation, in the cosmic fabric of worlds and realities, in the fractal images of form. All is light in truth, though it may be cloaked in shadow at times. The Light contains many different frequencies, which represent its expressions. These expressions hold their own unique vibration within the spheres. They form the fabric of the matrix which you interact with during your lives, allowing you to experience human life on the Earth Plane.

Your light codes are changing, to allow you to energy match the higher expressions of light, allowing you to absorb new frequencies of a finer resonance. All is going to plan, and you are on course to meet your destined expansion, a great expansion of light and consciousness within your energy fields.

The life of the Creator is expanding, to include new forms and expressions, which will create new cycles of light that will initiate further expansion. This is the magnificent working of Life. Its dynamics are revolutionary, the wheel keeps turning, and evolution continues. All things reach maturity and transition to newer forms, forms which elevate the Whole, continually upgrading Life according to Divine Will. This is the eternal process which has given birth to you, and continues to take you into uncharted territory.

This skull invites you to connect with him to help you on your journey!