

MATRIX HEALING

A microscopic view of various cells, likely stem cells, against a dark blue background. The cells are shown in various stages of division and are illuminated with a bright blue light, giving them a glowing appearance. Some cells are larger and more prominent, while others are smaller and more numerous in the background.

AND OUR BLUEPRINTS

Channeled by KI-RA

Matrix Healing and our Blueprints



Channelled by KI-RA,
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PREFACE

I am a channel for the Ultimate Light, Elohim, Stargate Keeper, and Guardian of the Universes.

My first three books are a trilogy in Consciousness, the “Book Of Life”, “Life Essence”, and “The One”. They are designed to move us into higher levels of consciousness, using the sacred Ancient energy technology of Light, based upon Fibonacci sequencing.

My fourth book “Communications from the Stars” is a series of channellings from Lightbeings, Galactic Councils, Collective Consciousnesses, and Archangels. There are messages from Yeshua, The Yeshua Collective, Salusa, Archangel Michael and many more. They offer their help, and support at this amazing time of transition in our lives.

My fifth book “Diamond Lightbody”, gives us technical information about energy fields and the lightbody processes that lead to Diamond Light Consciousness. Included in this book are the Diamond Light Key Codes that when used, will activate this Consciousness within us, returning us to our Immortal state of Being.

My sixth book “Atlantis Aurora”, tells us about the changes that will take us into the Golden Age once more, and how we can reinstate this wonderful high vibrational reality, through the Quantum triggers contained within the words, and the codes that were used in the healing temples of Atlantis.

The seventh book is from Max the 13th Ancient crystal skull. The skulls act as living libraries, multidimensional portals, giving us the codes for our evolution, and the crystalline body transition. This book contains the codes which unlock All Realities, returning them to fluidity in order to be reformed to our liking. Connect with Max through the vibration of this book to change your Destiny !

“The Hyperborean Portal” is a channelling from Agartha, our hollow Earth brothers and sisters. It tells us about our connection with them, and how they will resurface to help us to establish Peace and Harmony upon our world. It contains the entry code to the Portal, and the new 5D reality.

“The Infinite Universe” has been given to us by Archangel Ariel. It describes the nature of Universal and multidimensional realities and the species which inhabit them. It explains our role and our subsequent and inevitable shift to the new 5D reality and how this will be achieved.

“Quantum Entanglement Theory-A Handbook For The Gateway”, tells us about the “Gateway Systems”, their purpose, and those who are working to role out these systems. They contain the 'DNA Reverse Program', designed to delete the Anunnaki programs, and genetic modifications which were given to us at the end of the Atlantean Period. This book invites you to get involved in returning us all to a state of Empowerment.

“Crystals - Their role in Our Ascension” is channelled from the crystal consciousness of

Antares. It gives detailed information about the crystals that have come here specifically to help us, with our Ascension process, listing those which have not yet been found. Included are techniques that will help to crystallize our energy matrix.

“The Ancient Crystals”, is a channelling from the Highest Light Consciousness to date. They contain a powerful energy matrix that is able to shift our reality and alter the course of our history forever. Connect with their amazing frequency **now**, if you wish to experience the greatest quantum change and growth possible, the STARLIGHT UPGRADE!

“Spirit As You”, gives detailed information about our inner Divine nature, our Lightbody changes, and our path to Greatness. This book contains an inbuilt frequency key which gives access to the Akashic Records, as it is time for All to be revealed!

“Star Crystals in Service”, is a channelling from many Star Crystals, who are connecting with us at this time to help us with the quantum shifts that are an inevitable part of our growth. They are introducing new programs of light, that are designed to activate our lightbodies. Connect with them now, to shift to the Spiritual Plane of Being, and higher realities.

“Inner Transformation” details our spiritual journey, and current entrance into the Golden Era. It contains energetic codes and triggers that will shift our energies, and expedite this wonderful transformation.

“The New You”, is a mini book detailing ancient systems of light that can be used to help us with

our Awakening, and Empowerment. These are the esoteric teachings of long ago that are relevant now, as we face a huge shift in our reality.

“The Journey to Consciousness”, comes from a skull of Light, 'Diamond +', so called because he has a matrix which includes Gold and Silver. He is a powerful being of Light who, along with the other skulls, are helping us to advance to higher light octaves. As you read this book, his energy will integrate into your energy matrix, lifting it to new vibrational frequencies.

“Holding The Light”, is my next book. It tells us about our Divine Essence, and what constitutes Life and comprises our energy matrix, so that we can take steps to shift our vibration to the faster, higher frequencies of light consciousness.

“Unification & Healing” comes to us from the Annu. It sets out our journey and destination as spiritual beings of light. Giving us insights into our experiences through our vehicles of density, and ultimate transition to Light.

“The Gateway to Ascension” has been given to us by the Elders, or Ancient Ones. This book opens new portals of light for us, and assists in our lightbody processes, both in the integration of lightbody codes, and their activation.

“Timeline Merger” is being given to us as an opportunity to reset our trajectory, by merging with a significantly more advanced timeline. This will put an end to the eons of darkness on this

world, heralding the arrival of a Great Light. Attunements and activations lie within this text...

“The Great Expansion” contains an energy grid which works to activate the ley lines ready for the 'Great Event', and also amplifies your fields to bring you into a greater alignment with 'Source'..

“Matrix Healing and our Blueprints” is specifically about the matrix method of healing. How and Why it works, and the method I use to instigate beneficial changes within the body matrix..

I like to stay at the forefront of Spiritual change and am dedicated to bringing you the most advanced spiritual technology, from the Higher Self Aspects. Bless you All !

Acknowledgments

I would like to give a huge thanks to the wonderful Beings that have given us these books!

Go to : <https://frequencyandlighthealing.com/> to see more and, <https://blueprintreset.com>

Part 1- The Matrix Removal

'Life' is built upon many structures. These structures provide the framework for the Atomic Building Blocks, that create our Reality. Whether this is the reality of our bodies, our emotions, our thought habits, or our belief systems. All are governed by matrix codes.. The codes determine the appearance and functionality of the matrix in question...

All biology and organic forms have a matrix code or series of codes. They are a self regulating mechanism or self replicating mechanism, as is the case with cancer cells that reproduce and metastasise...

The matrix however, is not fixed, it is mutable, and subject to changes in the environment. The environment within us, formed by our response to situations in our lives, and the external environment, which may be full of pollutants that contaminate our bodies through the food we eat, the water we drink and the air we breathe. The toxic nature of our environment has been responsible for many an illness...

Likewise our inner toxicity, the holding and storing of unresolved emotional issues, that have become embedded within the cellular memory, causing not only a disruption to the flow of divine dynamic energy, but a distortion within the cell structure itself. As the cell mutates, the organ changes to reflect the new code, and energy and normal functioning are limited...

The matrix structure as a mutable form, can however be altered, or even removed entirely. This will be necessary for invaders to our bodies, such as viruses, pathogens and all unfriendly

bacteria.. Any invader whether it is a Coronavirus, , Ebola, Malaria, HIV, or any potentially deadly virus can be removed. This generally happens quickly, since the atomic particles of a virus are minute. In fact a virus has the smallest atomic size thankfully...

The way I remove the Matrix Codes

“I am given a series of numbers for each matrix, usually sixteen, though there can be more. Using the Power of Intention and Attention, I'm able to delete the codes completely. Once they are removed, the form (of the virus) begins to collapse. This is because it cannot survive without a matrix, nothing can! The same applies to inner invaders (non contagious) such as cancer. They are all governed by Divine Law and Universal dictates.. Whilst no one can play God, we are all Divine Beings, with our own unique gifts, and this gift just happens to be mine...”

The uses of the Matrix Removal technique are endless, since it can be applied to anything with an unfriendly matrix. Not only can it be used to remove outer invaders such as pathogens and viruses, it can be used to remove inner ones, the ones that have an emotional cause. In fact generalised emotions such as Fear, Anger, and Anxiety can be removed. Though Depression is usually a surface emotion which masks Anger and Frustration. So removing a Depression Matrix, will generally bring the anger to the surface to be healed. Depression is the polar opposite of Expression, and is usually felt when we are not being true to ourselves, or

acknowledging our true feelings about something or someone. My own personal experience has taught me this.. The matrix of any negative emotion can be successfully removed, and the matrix of any previous Soul Trauma, that may be dogging our lives. Those that create self sabotaging patterns, which attract experiences into our lives that we do not want, and take us in a direction that we do not consciously choose. These subtle subconscious influencers can be removed for good! We can then be free to make fully conscious choices, and be the Masters we were always intended to be..

Forgiveness is a key issue, especially for those of us who have a deeply caring nature. Those of us who live from a deeper emotional level, and are easily affected by the words and actions of others. If anyone has ever told you that you are too deep, then you are such a one! Words carry power, and can feel like daggers to the very sensitive of souls. An unpleasant remark can shake our very foundations, as I discovered myself when a partner told me to go and have an accident. I was shaking inwardly for hours.. Sometimes we need to forgive ourselves, not just others. If we don't succeed with this , we are likely to fall prey to auto-immune diseases, such as arthritis, skin conditions like psoriasis. Auto-immune issues are very prevalent in today's world. Anything which the medical profession cannot successfully treat, is classed as an auto-immune problem. Therefore it makes sense to address the emotional cause, and remove its matrix...

Part 2- Blueprinting

The 'Blueprint Reset' method, is a similar procedure to the 'Matrix Removal'. The only difference is that a second set of codes are needed, to reboot the matrix back to its original blueprint settings..

These original settings guarantee perfect health for the matrix, whether this is a blueprint for an organ of the body, or the matrix of its cellular structure, as in the vertebrae or parts of the skeleton. It is interesting to note that the matrix is a structure or skeleton itself, which supports the skeleton of our physical bodies..

Once a second set of codes are obtained, they can be compared against the existing code, and corrections can be made to restore Well-being..

The fundamental process is Divine. It re-establishes our Divine Design. We were not designed to succumb to illness or disease, but rather to be free of the lower vibrations which cause us to mutate and move away from our preordained encoding...

Our original Template Codes were given to us by our Higher Selves, to ensure that we could maintain a perpetual link with them. Since when we are aligned with our Higher Selves, life becomes easy. The flow into and out of our lives is natural and unrestricted. From this perspective, our Highest Good always manifests, at any given moment. Our Higher Self always knows what is best for us, so rather than choices being made at the human surface level of consciousness, they are made automatically

from within, and everything becomes effortless. There is no more angst. No more “Am I making the right choice or right decision?” The need for decision making is removed, as the Higher Power runs our lives for us. A comparison can be made here between handing our thinking processes over to our Higher Selves, or the dystopian distorted version of surrendering our thought processing to an AI Cloud! The former is our Divine Destiny, whilst the latter is a corruption and inversion of this..

It is important to remove all influences that are holding us down. Our natural vibration is one of Light, and it is only the heaviness of lower frequency that suppresses us.

The 12 strand Template codes were given to us to ensure that all parts of us were fully activated. That our DNA was firing at optimum levels , and our operating system working at full capacity. In this way our Divine Gifts would be available to us 24/7. Our very Being would vibrate at such a high frequency, as to automatically repel lower thought forms and lower energies..

Imagine a society of such Beings. No disharmony, no racial prejudice, no crime, and more importantly NO WAR! This would be the proverbial 'Garden of Eden' that we have been longing for.. This is a potential reality for us all, and already exists on another Timeline. I know this as I have seen it for myself. It was amazing!!

Part 3- Matrix Recalibration for Timeline Issues

Our matrices are mutable, and subsequently easily influenced by our experiences. The experience is the catalyst for change. However it is our response to the experience that determines the outcome, and whether we rise above our trials and tribulations, or succumb to them. Whether we maintain our power, or give it away..

We have traversed the dimensions experiencing a plethora of events. These have given birth to many emotional states, from great highs to great lows. The subsequent emotions have left imprints upon our Souls. These imprints or patterns are etched deeply within us, and have birthed powerful desires. Desires that shape our destiny, desires that shape our choices, and our fundamental decision making, even to this day. The whole fabric of our lives can be altered as a result..

It is however only the most powerful emotions that create change. They pierce the veil between the Conscious and Subconscious, leaving an indelible mark upon us. It is these emotions that are responsible for our habits, for our inner programs, which run on 'default' settings, removing the ability for us to consciously choose our Life Experiences..

In order for us to be the 'Masters' that we were meant to be, it will be necessary to remove these default settings, and to install a new operating

system.. This can be done easily through the 'Gateway Energy', which will create new Star links with our genetic ancestors. Those from other star systems and higher timelines than ours. The new operating system will be an upgrade to our DNA. This will create the firing of codes that are necessary for us to become fully activated, and to enable us to embody our Higher Selves. Once the operating system is fully functioning, we will be beyond lower density, and its limiting affect upon us. This will effectively erase what has gone before...

However until this is fully established, it will be helpful for us to attend to our own self-maintenance.. Maintaining a balance and a positive vibration is key to a happy, healthy and successful life..

Where there are there are repeating patterns in our life, these are the indicators of faulty programs and stuck emotions. Removing these emotions or imprints will serve to free up our 'life force', and to restore our body temples to health and well-being. The **'Matrix Removal'** is an important tool for this job, since it is able to remove any Soul Trauma matrix, that may be active within our field. Even if the trauma occurred in a past life, and however horrendous the experience was. At a conscious level, we may not even be aware that this exists, since it can be so far back in time. The removal of these miasmas is of paramount importance. Intercellular transfer of energy depends upon this..

Our bodies can be recalibrated back to our original blueprints, for Divine Harmony and optimum Health. Any matrix can be restored, especially those that have suffered degradation as a result of past experiences. The Timeline where such experiences exist, can be re-imprinted within the holographic mainframe, effectively erasing the old energy signatures and forming new ones, which have a different atomic code..

Changing the Past, will change the Present, since all successive matrices will be upgraded in response to the code change, as all levels of the 'Quanta' are entangled.

The most miniscule changes, can have powerful effects upon us.. Nothing is irrevocable. Everything is fluid, and not fixed as it appears to be.. Our ability to Re-Create Ourselves is without limit!

Part 4- Testimonials

Here are some testimonials from those who have experienced the 'Matrix Healing' work, and have benefited from it...

Cancer Testimonials:

“ I found Kira and her amazing technologies, after having had stage 4 breast cancer. Her healing gift made perfect sense to me. Having a Matrix Removal, was one of the best things I ever did. Immediately I felt at peace & a few days later a substantial increase in physical energy which has not subsided. The coup de grace was the cancer test results. A few weeks later every oncology marker was normal. This was life-changing & I would recommend working with Kira to all who wish to experience a health transformation. You will find Kira to be a very gifted, sensible, open-hearted and positive soul who is e others daily".. Kim Hunt (Australia)

“Well I have so much to share with you.. My Dad is so much better. Since the session, he's had a meeting with the consultant who now says it's not spread (the cancer), and they've cut his radiation therapy down by half!” M. Covely (Spain)

Other Matrix Removals:

“The fear matrix removal was exactly what I needed to dig deeper in my heart to navigate my childhood memories that I couldn’t previously remember... pains and traumas from dark experiences that I never spoke of and most wouldn’t believe.. I disconnected for too long. I relived the most painful memories to retrieve those soul parts. Love was my navigation, and I felt only love, compassion, understanding and forgiveness for myself. I didn’t feel blame or judgement, just love, as through love I saw only the truth.. parts of me that felt separated from the Divine, and had to be reminded of who they are and brought back home.. I kept subconsciously trying to bypass what I couldn’t avoid, even though I had no conscious memory of what was missing. Now my inner child feels healed and whole! And I’m experiencing another shift as a result!”.. L Nicholson (USA)

“I am an absolute changed light being after a ‘Soul Trauma Removal’! I don’t think I have ever felt as happy and peaceful in my days.. In the past every time I have expanded to create I felt a surge of impending doom, the blanket and weight of that disillusionment was breathtaking. And now, absolutely no

focus on the outcome, I am so so happy creating and feel in my centre which if I'm honest I've never felt. The deepest sense of trust and knowing that all is well and now I can just do my thing! Thank you so so much!..” Marie C (South Africa)

“Thank you, thank you, thank you, Kira.. The cravings and the eternal hunger are gone!! I feel so relieved, and feel normal in the food path for the first time in my life.. To me this is a miracle! Even the blood sugar was much lower, and I am losing weight!”.. A.Krogh

“Thank you for the amazing 'Pineal Gland Recalibration' session. I could sure feel the waves of energy coming through... My head felt like an open cup with blue light energy coming through in waves. I felt the whole time you were working on me. The session was totally awesome and you're amazing!! Very much appreciated!! Brenda Jones

For more testimonials (audio) especially on virus removals, including removing SARS, Covid 19, please visit <https://frequencyandlighthealing.com/matrix-healing/>